



## January - February 2023

Hola Queridx:

How is this winter portal treating you?

Although I have personally been struggling with spells of grief that come and go during this time of year, I am grateful to feel cold, coldness, coolness. With the effects of climate crisis becoming ever more visible, it's almost as if coldness and winter are inviting us to be their allies; coldness and winter in danger of becoming extinct. So I do my best to express gratitude for the cold breeze I feel against my skin, gratitude that functions as a salve against the layers of grief I am experiencing.

What parts of your grief need tending to right now?

What other gems are meant to be gleaned during this Hermit period?

Lately, I have been reading *The Wild Edge of Sorrow*, *Braiding Sweetgrass*, *PolySecure*, and other texts that ignite a sense of warmth within this introspective time. As I read, I continue to experience various timelines and memories rising to the surface and meeting the power of my acknowledgement. Perhaps winter is a time for us to acknowledge what we have lost, what we have learned, what we have accomplished not just with respect to our career, but also with respect to emotional and spiritual milestones. Perhaps from the fecundity of winter, we can burst into spring with an expanded awareness and clarity on who we wish to become and where we wish to go from here.



## THE UNIVERSE OF RHIZOMATIC TENDERNESS

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These past weeks have been emotionally rigorous for me as I prepare to shift abroad. Even though I have traveled abroad before and have adjusted to new cultures, I am experiencing anticipatory grief and excitement simultaneously. Returning to my birthplace is always a grounding zone and site where I experience coziness, but I have to be really honest with myself about whether or not I feel really fulfilled where I am. I think I have hesitated from admitting that the United States just doesn't feel like the vibe or container that is meant to hold all of me and if I envision the U.S. as a romantic partner, then this relationship should have ended years ago. So why do I stay? What keeps us where we are? What bliss and reciprocity and joy are experienced in this colonialist geographic mutation that have made living here worthwhile? For me, it is the culture embodied within and shared between my network and loved ones and there are components of this culture that I am ready to shape-shift out of (e.g. hustle culture and scarcity mindset, business as usual ethos, and and and).

My intuition and the Tarantula card I pulled for the energy of the month all point in the direction of shifting. I no longer feel willing to compromise on going for the things that I desire, to move through the world with the intention to become more erotically embodied, to awaken the different facets of my potential, even in spite of all the shifts, changes, economic downturn, and political turbulence we are experiencing collectively. After performing at the Center for Performance Research last month, I am clear that I am re-committed to the act of performance and performance-making so I will move towards experiences, places, and opportunities that magnetize more of this into my life; that magnetize more queer community, collective wealth building, erotic expansion, and a renewed relationship with the Earth and ancestors. We all have a specific gift and calling. Have you a sense of what yours are?

As I was doing a reading for myself yesterday, I received clarity on Rhizomatica #3's theme: [*The Glitch in The Crossroads*]. What glitching crossroads do you currently find yourself dancing within? As part of my own crossroads, I am asking you, my audience and supporters,



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to take [10 minutes \(or less\) to fill out this survey](#) that will help me craft offerings for 2023 - 2024. **For those who do fill out the survey, you'll receive a 10% discount on any of my services or offerings coming up!**

I hope you each are able to find moments of befriending the power of your own darkness, which is also another form of light. The darkness invites us to develop new senses to navigate the world, as we are and always will be in an improvisatory dance between grief and pleasure, joy and mourning, receiving and letting go.

Thank you for taking the time to read through these words.

With Love,

Estrellx Halcyon Quetzal Supernova / (EHQS)



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**From Estrellx:** I engaged with Amy's process in 2021, which instilled the clarity and confidence that I needed to launch Rhizomatica successfully in 2022 so if you have any questions about the program don't hesitate to hit me up!